



25th Annual
Investment in Caregivers Conference
Caregiving is a Calling!

Saturday, May 2, 2026

Four Rivers Cultural Center, Ontario Oregon

The Caregiver Conference is for all who provide care to others, from infancy to end of life. We offer educational, inspirational and skill building workshops, as well as networking opportunities with other caregivers. Workshops and presentations are designed to enhance caregiving skills and provide resources, support, and encouragement to those attending. See below for a partial list of workshops. More are being added so check [here](#) for updates. Register at Eventbrite!

<https://2026CaregiverConference.eventbrite.com>

Your Body is Calling – Discover its Best Kept Secret and Eat It! Nutrition for Today

Keynote Brandi Hooker Evans, Stellar Outcomes

Supported Autonomy through Supported Decision Making

Em Braman, The Arc Oregon

Mental Health for Adults & the Aged/Senior Population

Christopher Blythe, Lifeways Adult Outpatient Team

Cultivating Hope & Showing Up as a Caregiver

Abby Olson, Riverside Community Outreach & Every Child Columbia County

Silver Linings in Your Caregiving Journey plenary panel moderated by Michelle Bass

Panelists Abby Olson, Bryce Van Zelf, Tammie Dockter, Christine Soza, et al

NeuroOptimal® Neurofeedback for Individual & Family Wellbeing

Emily Fox and Hailee Heninger, Insight Therapy & Counseling

Home Visiting Across the Lifespan Round Table format

Tammie Dockter, Malheur ESD Home Visiting Coordinator & Christine Soza, True North Awakening

Challenging Behaviors – Isn't There a Pill for That?!

Theresa Martinez, Asst Dir Early Learning/Dir Child Care Resources, Malheur ESD & Charmayne Scow, Preschool Promise Coach, Malheur ESD

Frameworks for Friendship: Teaching Social-Emotional Competence in the Classroom

Janice Grengs, Eastern Oregon Childcare Resources, Inclusion Specialist

Practicing Dignity in a Divided World

Pastor Patrick Dailey & Amber Dailey, Ontario Community Church

Trauma-Informed Parenting for Kinship Caregivers

Michelle Bass